The Lancet Regional Health – Americas is a new open access journal, part of The Lancet’s global initiative to advocate for health-care quality and access in all regions of the world. The journal publishes high-quality original research that advocates change in, or illuminates, clinical practice and health policy in the Americas. We also consider relevant reviews, commentaries, and opinion pieces. The journal invites submissions that are pertaining to regional health subjects, including but not limited to infectious diseases, non-communicable diseases, child and adolescent health, maternal and reproductive health, emergency care, health policy, and health equity.

Manuscript preparation must adhere to relevant reporting standards on EQUATOR network website (Enhancing the Quality and Transparency of Health Research). Further details on the different sections of The Lancet Regional Health – Americas, and how to submit to the journal, are provided below. If you require further clarification, the journal’s editorial staff will be pleased to help (americas@lancet.com).

Manuscripts must be solely the work of the author(s) stated, must not have been previously published elsewhere, and must not be under consideration by another journal. The Lancet journals are signatories of the Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals, issued by the International Committee of Medical Journal Editors (ICMJE Recommendations), and to the Committee on Publication Ethics (COPE) code of conduct for editors. We follow COPE’s guidelines.

How to submit your paper
Manuscript submission
Manuscript submission to all Lancet journals is free. Payment of article processing fees is made after acceptance (see later). Manuscripts should be submitted online via the The Lancet Regional Health – Americas’s online submission and peer review website (known as EM) at https://www.editorialmanager.com/lrhamericas/

- Simply log on to EM and follow the on-screen instructions for all submissions
- If you have not used EM before, you will need to register first. In EM, the corresponding author is the person who enters the manuscript details and uploads the submission files
- Inclusion of illustrations (eg, photographs, graphs, diagrams) is a prerequisite for many publication types. Submission of original and editable artwork files is encouraged. Digital photography files should have a resolution of at least 300 dpi and be at least 107 mm wide. Before and after images should be taken with the same intensity, direction, and colour of light.
- In almost all cases, if you have a finished manuscript, you should submit it, rather than contacting The Lancet Regional Health – Americas to enquire whether an unseen manuscript is likely to be accepted. Unless you have been asked by the Editor to submit by email, you should use the online system for all types of submission
- If you have any technical problems or questions, please contact our dedicated customer support:
  
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  For Spanish-speaking customers: +34 932 406176 (09:00 to 17:00 GMT)
  Email: americas@lancet.com

First submissions to The Lancet Regional Health – Americas should include:
1. Covering letter
2. Manuscript including tables and panels
3. Figures
4. Author statement form (see next section)
5. Declaration of interests and source of funding statements (see next section)
6. In-press papers—one copy of each with acceptance letters
7. Protocols and CONSORT details for randomised controlled trials (see Research papers)
8. We encourage disclosure of correspondence from other journals and reviewers, if previously submitted, and we might contact relevant editors of such journals
9. Research in context panel, for all primary Research papers

Covering letter
- You should upload your covering letter at the “Enter Comments” stage of the online submission process
- Use the covering letter to explain why your paper should be published in The Lancet Regional Health – Americas rather than elsewhere

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coauthors who reflect diversity in every sense, including (but not limited to) background, career-stage, gender, geography, and race.

- The Lancet Regional Health – Americas will not publish any paper unless we have the signatures of all authors.
- We suggest you use the author statement form and upload the signed copy with your submission.
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- For author groups of more than 30 members, we encourage use of a collaborator or study group for any additional authors. For this collaborator or study group, if they wish to be indexed to the paper, please provide a separate document with a table of first names and surnames of all members of the group (this is to ensure that PubMed and similar databases encode the names correctly).

Forms and signatures
For Commentaries and Letters, we require you to upload your forms at submission. For original Research papers, we will request these forms after peer review. The following signed statements are required:

- Authors’ contributions
- Conflicts of interest statements (ICMJE forms)
- Statements of role, if any, of medical writer or editor
- Acknowledgements—written consent of cited individual
- Personal communications—written consent of cited individual
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These statements can be scanned and submitted electronically with your submission. Please note that The Lancet journals will accept hand-signed and electronic (typewritten) signatures.

Declaration of interests
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- At the end of the text, under a subheading “Declaration of interests”, all authors must disclose any financial and personal relationships with other people or organisations, even if it does not directly relate to the submitted work. Examples of financial conflicts include employment, consultancies, stock ownership, honoraria, paid expert testimony, patents or patent applications, and travel grants, all within 3 years of beginning the work submitted. If there are no conflicts of interest, authors should state that none exist.
- All authors are required to provide a Conflict of Interest Statement and should complete a standard form, which is available at https://www.thelancet.com/for-authors/forms?section=icmje-coi. The form has been modified by the ICMJE following consultation with authors and editors. Further information is available in a joint ICMJE statement published on July 1, 2010. For more information see Lancet 2009; 374: 1395–96.
- For Commentary, Review, Health Policy, and Viewpoint, The Lancet Regional Health – Americas will not publish if an author, within the past 3 years, and with a relevant company or competitor, has any stocks or shares, equity, a contract of employment, or a named position on a company board; or has been asked by any organisation other than The Lancet Regional Health – Americas to write, be named on, or to submit the paper (see Lancet 2004; 363: 2–3).

Role of the funding source
- All sources of funding should be declared as an acknowledgment at the end of the text.
- Within that “Acknowledgements” section, authors must describe the role of the study sponsor(s), if any, in study design; in the collection, analysis, and interpretation of data; in the writing of the report; and in the decision to submit the paper for publication.
- If the funding source had no such involvement, the authors should state this.
- All authors should confirm that they had full access to all the data in the study and accept responsibility to submit for publication.

Role of medical writer or editor
- If a medical writer or editor was involved in the creation of your manuscript, we need a signed statement from the corresponding author to include their name and information about funding of this person.
- This information should be added to the Acknowledgments or Contributors section.
- We require signed statements from any medical writers or editors declaring that they have given permission to be named as an author, as a contributor, or in the Acknowledgments section.

Patient and other consents
- Appropriate written consents, permissions, and releases must be obtained where you wish to include any case details, personal information, and/or images of patients or other individuals in The Lancet journals in order to comply with all applicable laws and regulations concerning privacy and/or security of personal information. Studies on patients or volunteers need approval from an ethics committee and informed consent from participants. These should be documented in your paper.
- Since the consent form needs to comply with the relevant legal requirements of your particular jurisdiction, we do not provide sample forms; this is your responsibility. Your affiliated institution should be able to provide an appropriate form.
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- To respect your patient’s and any other individual’s privacy, please do not send signed forms to The Lancet Regional Health – Americas. Please instead complete the patient consent section of the Author statements while retaining copies of the signed forms in the event they should be needed.
- If consent, permission, or release is made subject to any conditions, The Lancet Regional Health – Americas must be made aware in writing of all such conditions before publication.
- For more information about our policy, please visit https://www.elsevier.com/about/our-business/policies/patient-consent.

Types of article and manuscript requirements

Please ensure that anything you submit to The Lancet Regional Health – Americas follows the guidelines provided for each article type. For instruction on how to format the text of your paper, including tables, figures, panels, and references, please see our Formatting guidelines.

Research papers

- The Lancet Regional Health – Americas prioritises reports of original research that are likely to change practice or thinking.
- We invite submission of all trials, whether phase 1, 2, 3, or 4. For phase 1 trials, we consider those of a novel substance for a novel indication, if there is a strong or unexpected beneficial or adverse response, or a novel mechanism of action.
- We require the registration of all interventional trials, whether early or late phase, in a primary register that participates in the WHO’s International Clinical Trial Registry Platform (see Lancet 2007; 369: 1909–11) or in ClinicalTrials.gov, in accord with ICMJE recommendations. We also encourage full public disclosure of the minimum 21-item trial registration dataset at the time of registration and before recruitment of the first participant (see Lancet 2006; 367: 1631–35). The registry must be independent of for-profit interest.
- Reports of trials must conform to CONSORT 2010 guidelines and should be submitted with their protocols.
- All reports of randomised trials should include a section entitled Randomisation and masking, within the Methods section. Please refer to The Lancet’s formatting guidelines for randomised trials.
- Cluster-randomised trials must be reported according to CONSORT extended guidelines.
- Randomised trials that report harms must be described according to extended CONSORT guidelines.
- Studies of diagnostic accuracy must be reported according to STARD guidelines.
- Observational studies (cohort, case-control, or cross-sectional designs) must be reported according to the STROBE statement, and should be submitted with their protocols.
- We encourage the registration of all observational studies on a WHO-compliant registry (see Lancet 2010; 375: 348).
- Genetic association studies must be reported according to STREGA guidelines.
- Systematic reviews and meta-analyses must be reported according to PRISMA guidelines. Please refer to The Lancet’s formatting guidelines for systematic reviews and meta-analyses.
- Reports of studies of global health estimates should be reported according to the GATHER statement (see Lancet 2016; 388: e19–23).
- Clinical trials that report interventions using artificial intelligence must be described according to the CONSORT-AI Extension guidelines and their protocols must be described according to the SPIRIT-AI Extension guidelines.
- To find reporting guidelines see: http://www.equator-network.org
- When using a study group, collaborator group, or Consortia instead of authors’ names, please be aware that individuals’ names will not explicitly appear when your published Article is uploaded to MEDLINE/PubMed. Your Article will still be discoverable via a search for a specific named author, but only the collective name given to the study will appear on that platform. If you need more information, please contact us.

All Research papers should, as relevant:

- Include an abstract (semistructured summary), with five paragraphs (Background, Methods, Findings, Interpretation, and Funding), not exceeding 250 words. Our electronic submission will ask you to copy and paste this section at the “Submit Abstract” stage.
- For randomised trials, the abstract should adhere to CONSORT extensions: abstracts (see Lancet 2008; 371: 281–83).
- When reporting Kaplan-Meier survival data, at each timepoint, authors must include numbers at risk, and are encouraged to include the number of censored patients.
- For intervention studies, the abstract should include the primary outcome expressed as the difference between groups with a confidence interval on that difference (absolute differences are more useful than relative ones). Secondary outcomes can be included as long as they are clearly marked as secondary and all such outcomes are reported.
- Use the recommended international non-proprietary name (rINN) for drug names. Ensure that the dose, route, and frequency of administration of any drug you mention are correct.
- Use gene names approved by the Human Gene Organisation. Novel gene sequences should be deposited in a public database (GenBank, EMBL, or DDBJ), and the accession number provided. Authors of microarray papers should include in their submission the information recommended by the MIAME guidelines. Authors should also submit their experimental details to one of the publicly available databases: ArrayExpress or GEO.
- Include any necessary additional data as part of your EM submission
- All accepted Articles should include a link to the full study protocol published on the authors’ institutional website (see Lancet 2009; 373: 992 and Lancet 2010; 375: 348).
- We encourage researchers to enrol women and ethnic groups into clinical trials of all phases, and to plan to analyse data by sex and by race.
- For all study types, we encourage correct use of the terms sex (when reporting biological factors) and gender (when reporting identity, psychosocial, or cultural factors). Where possible, report the sex and/or gender of study participants, and describe the methods used to determine sex and gender. Separate reporting of data by demographic variables, such as age and sex, facilitates
pooling of data for subgroups across studies and should be routine, unless inappropriate. Discuss the influence or association of variables, such as sex and/or gender, on your findings, where appropriate, and the limitations of the data.

Putting research into context
- All research papers (including systematic reviews/meta-analyses) submitted to The Lancet Regional Health – Americas must include a panel putting their research into context with previous work in the format outlined below (see Lancet 2014; 384: 2176–77, for the original rationale). This panel should not contain references. Editors will use this information at the first assessment stage and peer reviewers will be specifically asked to check the content and accuracy.
- The Discussion section should contain a full description and discussion of the context. Authors are also invited to either report their own, up-to-date systematic review or cite a recent systematic review of other trials, putting their trial into context of the review.

Research in context
Evidence before this study
This section should include a description of all the evidence that the authors considered before undertaking this study. Authors should briefly state: the sources (databases, journal or book reference lists, etc) searched; the criteria used to include or exclude studies (including the exact start and end dates of the search), which should not be limited to English language publications; the search terms used; the quality (risk of bias) of that evidence; and the pooled estimate derived from meta-analysis of the evidence, if appropriate.

Added value of this study
Authors should describe here how their findings add value to the existing evidence.

Implications of all the available evidence
Authors should state the implications for practice or policy and future research of their study combined with existing evidence.

Research in context panels should not contain references; key studies mentioned here should be referenced in the main text.

Data sharing
From September 21, 2020, all submitted research Articles must contain a data sharing statement, to be included at the end of the manuscript. Data sharing statements must include:
- Whether data collected for the study, including individual participant data and a data dictionary defining each field in the set, will be made available to others ("undecided" is not an acceptable answer);
- What data will be made available (deidentified participant data, participant data with identifiers, data dictionary, or other specified data set);
- Whether additional, related documents will be available (eg, study protocol, statistical analysis plan, informed consent form);
- When these data will be available (beginning and end date, or "with publication", as applicable);
- Where the data will be made available (including complete URLs or email addresses if relevant);
- By what access criteria data will be shared (including with whom, for what types of analyses, by what mechanism – eg, with or without investigator support, after approval of a proposal, with a signed data access agreement - or any additional restrictions). See table for examples. Clinical trials that begin enrolling participants on or after Jan 1, 2019, must include a data sharing plan in the trial’s registration. If the data sharing plan changes after registration, this should be reflected in the statement submitted and published, and updated in the registry record. Mendeley Data is a secure online repository for research data, permitting archiving of any file type and assigning a permanent and unique digital object identifier (DOI) so that the files can be easily referenced. If authors wish to share their supporting data, and have not already made alternative arrangements, a Mendeley DOI can be referred to in the data sharing statement.

Abstract translation
The Lancet Regional Health – Americas encourages the submission of translated summaries (abstracts) in languages that are relevant to the country where the research was done. Translated summaries are published unedited and unformatted, as a separate supplementary file. If your paper is accepted, we will offer you the opportunity to prepare a translation of the final edited summary. We do not require translated material at submission stage.

Editorial
Editorials are the voice of The Lancet Regional Health – Americas, and are written in-house by the journal’s editorial-writing team and signed “The Lancet Regional Health – Americas”. Editorials (and other short opinion pieces such as Commentaries and Letters) written by in-house editors are critiqued and revised by the editorial team. They are not subject to external peer review.

Commentaries
- This section contains Commentaries that accompany papers published in The Lancet Regional Health – Americas, or to issues of wide-reaching concern in medical research and health policy. Most Commentaries are commissioned, but unsolicited Commentaries are also welcome. Commentaries may be peer reviewed.
- Commentaries should be no more than 750 words, 10 references, and one figure, panel, or small table
- See Conflicts of Interest guidelines for comments

Letters
- Letters should be written in response to previous content published in The Lancet Regional Health – Americas
- Letters for publication must reach us within 4 weeks of publication of the original item and should be no longer than 250 words and 5 references
- Letters of general interest, unlinked to items published in the journal, can be up to 400 words long
- Letters are not usually peer reviewed, but we might invite replies from the authors of the original publication, or pass on letters to these authors
- Only one table or figure is permitted, and there should be no more than five references and five authors
- All accepted letters are edited. Proofs will be sent out to authors before publication.

www.thelancet.com July 2021
Corrections
• Any substantial error in any article published in The Lancet Regional Health – Americas should be corrected as soon as possible. Blame is not apportioned; the important thing is to set the record straight.
• The Lancet journals have a policy for types of errors that we do and do not correct. We will always correct any error affecting a non-proprietary drug name, dose, or unit, any numerical error in the results, or any factual error in the interpretation of results. Authorship format changes after publication to facilitate a different visualisation in MEDLINE/PubMed will not be done.

Reviews
Most reviews are commissioned, but unsolicited short outlines (300–400 words) can be directed to the Editor. If you have already written the paper, please submit it for consideration via our online system
• Reviews should be either a definitive overview of a major topic connected with regional health or an update of knowledge in a somewhat narrower field of current interest
• Manuscripts will be assessed in-house and those judged suitable will be peer reviewed before an editorial decision is made
• Reviews should be no more than 4500 words, with a maximum of 75 references
• References selected for publication should be chosen for their importance, ease of access, and for the “further reading” opportunities they provide; citations to papers published in non-peer-reviewed supplements are discouraged. In addition to references, authors should consider supplying a short list of useful websites where readers can find further information on the subject
• A 150-word unstructured summary should be included. Use of up to 5–6 illustrations is encouraged to aid the reader
• Complete transparency about the choice of material included is important to any Review paper. Therefore, all Reviews should include a brief section entitled “Search strategy and selection criteria” stating the sources (including databases, MeSH and free text search terms and filters, and reference lists from journals or books) of the material covered, and the criteria used to include or exclude studies. Citations to papers published in non-peer-reviewed supplements are discouraged. Since these papers should be comprehensive, we encourage citation of publications in non-English languages. An example is shown below:

Search strategy and selection criteria
References for this Review were identified through searches of PubMed with the search terms “young onset”, “early onset”, “presenile”, and “dementia” from 1995 until April, 2019. Articles were also identified through searches of the authors’ own files. Only papers published in English were reviewed. The final reference list was generated on the basis of originality and relevance to the broad scope of this Review
• Systematic reviews should be prepared according to the PRISMA guidelines

Health Policies
Health Policy papers should cover developments in regional health related to policy, guideline development, health systems, or economics. Manuscripts considered for this section are narrative reviews (not original research) and should follow the same guidelines as a Review. Please contact the Editor before submitting to ensure the proposed topic is suitable.

Viewpoints
Viewpoint papers encourage debate and allow opinions to be expressed on issues related to regional health. Please contact the Editor before submitting to ensure the proposed topic is suitable. General guidelines for a Viewpoint paper are 1500 words with 20 references (no abstract).

Formatting guidelines
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Title page
• A brief title, author name(s), preferred degree (one only), affiliation(s), and full address(es) of the authors must be included. The name and address of the corresponding author should be separately and clearly indicated along with email and telephone details

Formatting of text
• Type a single space at the end of each sentence
• Do not use bold face for emphasis within text
• Do not worry about type of font or point size
• We use a comma before the final “and” or “or” in a list of items
• Type decimal points midline (ie, 23.4, not 23,4). To create a midline decimal on a PC: hold down ALT key and type 0183 on the number pad, or on a Mac: ALT hyphen
• Numbers one to ten are written out in words unless they are used as a unit of measurement, except in figures and tables
• Use single hard-returns to separate paragraphs. Do not use tabs or indents to start a paragraph
• Do not use the automated features of your software, such as hypenation, endnotes, headers, or footers (especially for references). Please use page numbering

References
• Cite references in the text sequentially in the Vancouver numbering style, as a superscripted number after any punctuation mark. For example: “...as reported by Saito and colleagues.”
• Two references are cited separated by a comma, with no space. Three or more consecutive references are given as a range with an en rule. To create an en rule on a PC: hold down CTRL key and minus sign on the number pad, or on a Mac: ALT hyphen
• References in tables, figures, and panels should be in numerical order according to where the item is cited in the text
• Here is an example for a journal reference (note the use of tab, bold, italic, and the en rule or “long” hyphen):  

For The Lancet journals’ policy on corrections of errors see https://www.thelancet.com/for-authors/forms?section=correction
Information for Authors

Drug names
For more on neuroscience-based nomenclature see http://www.thelancet.com/pdfs/journals/lanpsy/PB152215-03661710098-6.pdf

Electronic artwork
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Text
• Main heading for the web extra material should be in 12 point Times New Roman font **BOLD**
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Tables
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Data
• Numbers in text and tables should always be provided if % is shown
• Means should be accompanied by SDs, and medians by IQR
• p values should be given to two significant figures, unless p<0.0001

Drug names
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• We encourage use of neuroscience-based nomenclature for psychotropic drugs

References
• Numbered in order of mention in appendix and numbered separately from references in the full paper

Figures
• All images must have a minimum resolution of 300 dpi, width 107 mm
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• Use lowercase font (a, b, c…) to denote individual panels in a composite figure.
• Do not add box outline to graphs.
• Do not use titles in the graph or artwork. Titles should appear at the beginning of the figure legend.
• Nomenclature and abbreviations should be consistent with the text.
• All figure panels must be on a single page (one figure per page, please)

Guidelines for supplementary material
All material should be submitted as one PDF (with numbered pages) with the paper and will be peer reviewed. Material will be published at the discretion of The Lancet journals’ editors. For clinical trials, we encourage authors to include a copy of the study protocol. All material should be provided in English.

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• The paper to which the audio or video clip relates should be mentioned in the recording
• Audio clip and video files should be accompanied with brief text explaining the content of the audio, names of interviewers/interviewees, date of recording, and place of recording if relevant
• Written consent from all parties must be obtained (see also the previous section on **Patient and other consents**)

Audio
• Audio material submitted as an mp3 file, no larger than 50 Mb
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• Video material should be submitted in .mp4 format with aspect ratio of 16:9, and be no larger than 50 Mb
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Disclosure of results before publication

- Presentation of data at a scientific meeting, as a poster, abstract, orally, on a CD, or as an abstract on the web, or on a preprint server does not conflict with submission to the Lancet journals. As a member journal of the International Committee for Medical Journal Editors, The Lancet Regional Health – Americas does not regard results that are posted in the same clinical trials registry in which primary registration resides as a previous publication, if the results are presented in the form of a brief structured abstract or table.

- We ask that authors and their institutions refrain from actively seeking media attention for articles that have been submitted to The Lancet Regional Health – Americas or that are available as a preprint. The important steps of thorough peer review and experienced editorial scrutiny and guidance, together with putting research findings into a wider context and highlighting implications for clinical practice, will make the final published paper in The Lancet Regional Health – Americas very different to the submitted or preprint version. Coverage that results from pre-publication communication can impact media interest at the time of publication and our ability to support responsible journalism.

- For more information on Preprints with The Lancet, please see www.thelancet.com/preprints.

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- The Lancet Regional Health – Americas aims to publish papers online in 2–3 weeks from acceptance.

How The Lancet Regional Health – Americas handles your paper

Acknowledgment

- Receipt of your paper will be acknowledged by an email containing a reference number, which should be used in all future communications.

Checking for plagiarism, duplicate publication, and text recycling

- All articles that we are interested in publishing will be checked by editors using CrossCheck (see Lancet 2011; 377: 281-82). We expect that such papers are written in a way that offers new thinking without recycling previously published text.

Peer review

- The Lancet Regional Health – Americas operates a single blind review process.

- Every Research article published by The Lancet Regional Health – Americas has been peer reviewed. Occasional contributions (e.g., Commentaries) are accepted without peer review.

- On submission to The Lancet Regional Health – Americas, your report will first be read by one or more of the journal’s staff of physicians and scientists. This is an important feature of our selection process and many papers are turned away on the basis of in-house assessment alone. That decision will be communicated quickly.

- Research papers are followed by peer review by at least two reviewers. You will receive notification of which editor is handling the peer review of your paper.

Decision

- Submissions that survive in-house and peer review might be referred back to authors for revision. This is an invitation to present the best possible paper for further scrutiny by the journal; it is not an acceptance.

- Authors should give priority to such revisions; the journal will reciprocate by making a final decision quickly.

- Two copies of the revised version should be sent back, one of which should be highlighted to show where changes have been made. Detailed responses to reviewers’ comments, in a covering letter, are also necessary.

The Lancet journals and other Elsevier journals

- If your paper is rejected by The Lancet Regional Health – Americas, we might judge it suitable to pass to other editors in the Lancet-group for consideration or to editors of other relevant journals within Elsevier’s portfolio.

Appeals

- Sometimes editors make mistakes. When we do, we like to hear about them. If an author believes that an editor has made an error in declining a paper, we welcome an appeal. In your appeal letter, which should be sent to americas@lancet.com, please state why you think the decision is mistaken, and set out your specific responses to any peer reviewers’ comments if those seem to have been the main cause of rejection.

- At least two editors will decide whether to invite a revised manuscript and whether re-review, or otherwise, is indicated.

Proofs

- Corresponding authors will receive an e-mail with a link to our online proofing system, allowing annotation and correction of proofs online. The environment is similar to MS Word: in addition to editing text, you can also comment on figures/tables and answer questions from the Copy Editor. Web-based proofing provides a faster and less error-prone process by allowing you to directly type your corrections, eliminating the potential introduction of errors.

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